

RIO DE JANEIRO 2016 SPORT & EXERCISE CARDIOLOGY SYMPOSIUM

SBC/SOCERJ - ACC/ACC S&E CARDIOLOGY COUNCIL

15 de abril / april 15th • Centro de Convenções SulAmérica

500 vagas limitadas • Tradução Simultânea



PROGRAMA / PROGRAM

8:30h Opening - Ricardo Mourilhe Rocha (Brazil) and Ronaldo de Souza Leão Lima (Brazil)

Co-chairs: Silvana Molossi (USA) and Claudio Gil Soares de Araújo (Brazil)

FIRST SESSION

- 8:40h Evaluation and cardiovascular screening in Olympic athletes: an International Federation of Sports Medicine - FIMS perspective.
José Kawazoe Lazzoli (Brazil)
- 8:55h Defining important terms: physical activity, exercise, sports, training, competition, athletes and exercisers.
Claudio Gil Soares de Araújo (Brazil)
- 9:05h Interpretating the resting electrocardiogram of athletes: a brief review of the most recent criteria.
Michael Emery (USA)
- 9:20h A critical appraisal of eligibility for competitive sports: new aspects of the 2015 revised guidelines for competitive athletes with cardiovascular abnormalities (Bethesda Conference).
Silvana Molossi (USA)
- 9:35h Cardiopulmonary exercise testing in athletes and exercisers: clinical need or just a matter of performance evaluation?
Jurgen Scharhag (Germany)
- 9:50h Doping control in the Rio 2016 Olympic Games.
Eduardo Henrique De Rose (Brazil)
- 10:05h Q&A – Questions and Answers.
- 10:20h Break.

Co-chairs: Michael Emery (USA) and Antonio Claudio Lucas da Nóbrega (Brazil)

SECOND SESSION

- 10:40h Boston marathon: sharing views from two sides - an elite athlete and sports cardiologist.
Paul Thompson (USA)
- 11:00h Advising exercise and sports participation for adolescents and children with congenital heart disease.
Silvana Molossi (USA)
- 11:15h Role of non-invasive imaging in the evaluation of athlete's heart: differentiating physiological from pathological changes.
Michael Emery (USA)
- 11:30h Autonomic testing in athletes: what we know and what we still do not know.
Antonio Claudio Lucas da Nóbrega (Brazil)
- 11:45h Exercise and heart: when is too much - an evidence-based analysis.
Jurgen Scharhag (Germany)
- 12:00h Advising about sexual activity after coronary events.
Claudio Gil Soares de Araújo (Brazil)
- 12:15h Q&A – Questions and answers.
- 12:30h Lunch.

Co-chairs: Paul Thompson (USA) and José Kawazoe Lazzoli (Brazil)

THIRD SESSION

- 14:00h 2 Clinical cases: interactive discussion.
- 14:30h What are the best medical strategies for reducing sudden death during exercise and sports?
Paul Thompson (USA)
- 14:45h Sports and exercise advice for patients with hypertrophic cardiomyopathy and arrhythmogenic right ventricular dysplasia.
Sharlene Day (USA)
- 15:00h Advising participation in long distance events in middle-aged coronary patients.
Jurgen Scharhag (Germany)
- 15:15h Is it safe for cardiac patients to watch or attend sport competitions?
José Kawazoe Lazzoli (Brazil)
- 15:30h Q&A – Questions and Answers.
- 15:45h Break.

Co-chairs: Jurgen Scharhag (Germany) and Claudio Gil Soares de Araújo (Brazil)

FOURTH SESSION

- 16:00h Does regular exercise and sports increase or reduce cardiac arrhythmias?
Paul Thompson (USA)
- 16:15h Sports and exercise advice for patients with implantable cardioverter defibrillators and pacemakers.
Sharlene Day (USA)
- 16:30h Should a physician-signed form be mandatory before half-marathon and marathon participation?
Jurgen Scharhag (Germany)
- 16:45h Sudden cardiac death during exercise: a proposal for risk stratification.
Claudio Gil Soares de Araújo (Brazil)
- 17:00h Q&A – Questions and answers.
- 17:15h 2 Clinical cases - interactive discussion.

17:45h Closing - Ricardo Mourilhe Rocha (Brazil) and Ronaldo de Souza Leão Lima (Brazil).